



Reiki is a Japanese healing modality that channels universal healing energy through the hands.

Reiki Level One



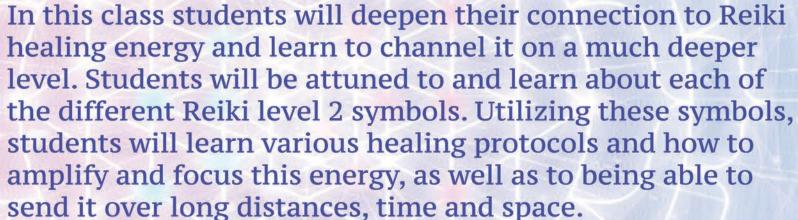
In this class students learn the principals and history of Reiki. Students get attuned to the current of Reiki level 1 and learn how to connect to it to use it for self healing and many other purposes.

March 1, 11:00 5:00

March 1, 11:00 - 5:00 (Includes a 45 minute lunch break)
Cost is \$ 225



Reiki Level Two





March 29, 11:00 - 5:00 (Includes a 45 minute lunch break)
Cost is \$ 275

Reiki Level Three



Level 3 is considered to be the Master level of Reiki. In this level the practitioners are attuned to the master level symbol which increases their ability to channel this energy and allows them to pass the current onto other people.

Date: To be announced Cost is \$ 350



10% discount if signed up for both Level 1 & Level 2 together.

Price if signed up for Level 1, 2, and 3 together is \$ 700

to sign up:

Classes held at Air and Fire

AIR TREE

Classes held at Air and Fire 13150 Hwy 9, Boulder Creek www.AirandFire.com (831) 338-7567



Tealthy Ritchen Witch

Jenistar Shakti is a Reiki Master, a Nutrition/Herbal Consultant and a Hypnotherapist. Her goal is to help heal and empower people using a Mind/Body/Spirit approach to health and wellness.

HealthyKitchenWitch.com