

Reiki

Reiki is a Japanese healing modality that channels universal healing energy through the hands.



Reiki Level One

In this class students learn the principals and history of Reiki. Students get attuned to the current of Reiki level 1 and learn how to connect to it to use it for self healing and many other purposes.

March 1, 11:00 - 5:00
(Includes a 45 minute lunch break)
Cost is \$ 225



Reiki Level Two

In this class students will deepen their connection to Reiki healing energy and learn to channel it on a much deeper level. Students will be attuned to and learn about each of the different Reiki level 2 symbols. Utilizing these symbols, students will learn various healing protocols and how to amplify and focus this energy, as well as to being able to send it over long distances, time and space.

March 29, 11:00 - 5:00
(Includes a 45 minute lunch break)
Cost is \$ 275



Reiki Level Three

Level 3 is considered to be the Master level of Reiki. In this level the practitioners are attuned to the master level symbol which increases their ability to channel this energy and allows them to pass the current onto other people.

Date: To be announced
Cost is \$ 350



10% discount if signed up for both Level 1 & Level 2 together.
Price if signed up for Level 1, 2, and 3 together is \$ 700
to sign up:

Classes held at Air and Fire
13150 Hwy 9, Boulder Creek
www.AirandFire.com (831) 338-7567



Jenistar Shakti is a Reiki Master, a Nutrition/Herbal Consultant and a Hypnotherapist. Her goal is to help heal and empower people using a Mind/Body/Spirit approach to health and wellness.



HealthyKitchenWitch.com

